

Ruptured abdominal aortic aneurysm Fix it rapidly by open repair: it is the safest way

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Faculty Disclosure

I disclose the following financial relationships:

Jürg Schmidli

I have **no financial relationships** to disclose.

Je déclare les informations suivantes : j

je n'ai **aucune relation financière** à déclarer.

Which is the safest way?

Eiger

Mönch

Jungfrau



Predictors of risk ?

➤ Patient related

- Free rupture
- Shock
- Renal function
- Age

➔ STABILITY

➔ STABILITY

➤ Surgeon related

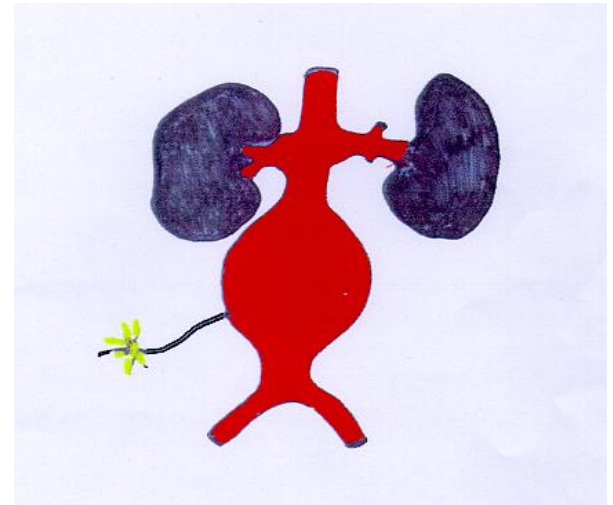
- Surgeon volume
- Treatment modality (OAR or EVAR)

➤ Perioperative management

- fluid and blood products
- Blood pressure
- Hospital volume
- Delay

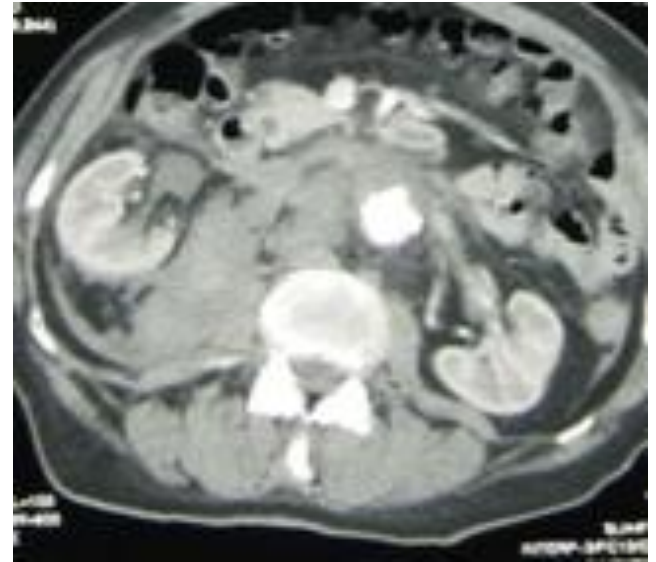
➔ STABILITY

➔ STABILITY



Symptomes at rupture

- Syncope, presyncope
- Back pain → flank, buttocks, groin
- malaise, nausea, vomiting



Etiology of syncope

Retroperitoneal process

parasympathetic activity

vasodilation, bradycardia ↑ → **HYPOTENSION**

NOT primary blood loss !

Dangerous reflex

Accept Hypotension

- Slows bleeding
- local clot formation
- Local retroperitoneal tamponade (contained rupture)

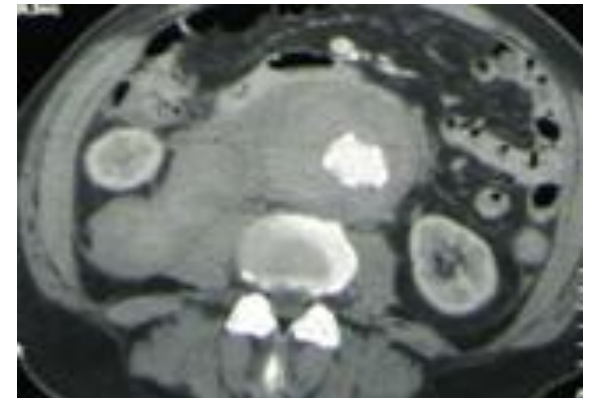
Crawford S JVS 1991

Large volumes

- increased blood pressure
- Clot dislodgement
- Vicious circle: Increased bleeding
- Hemodilution / coagulopathy
- Hypothermia
- Acidosis
- Third space

Cotton BA et al. Shock 2006

Rhee P et al. J Trauma 2003



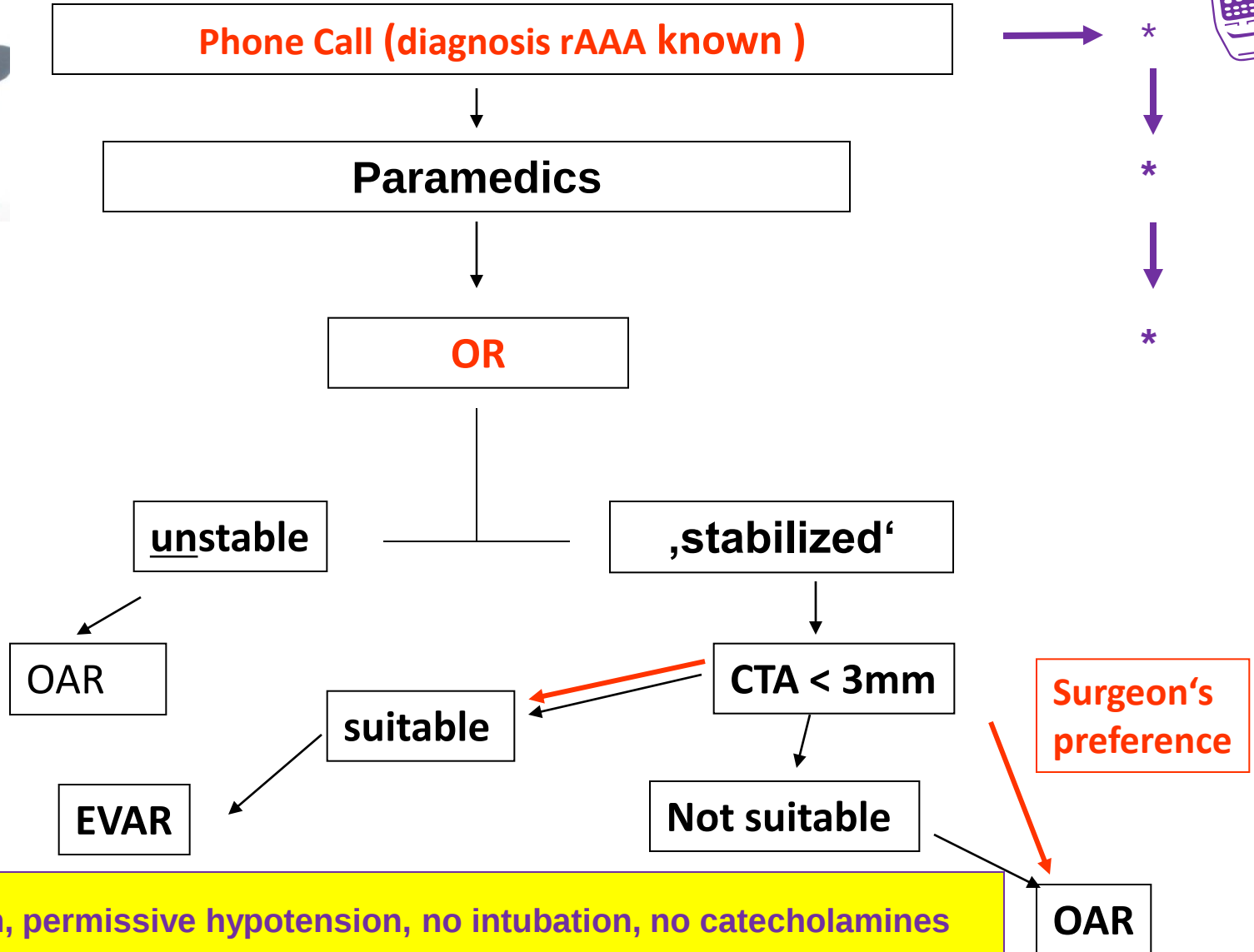
**What is more important:
Fluids or pressure ?**



Damage control strategies

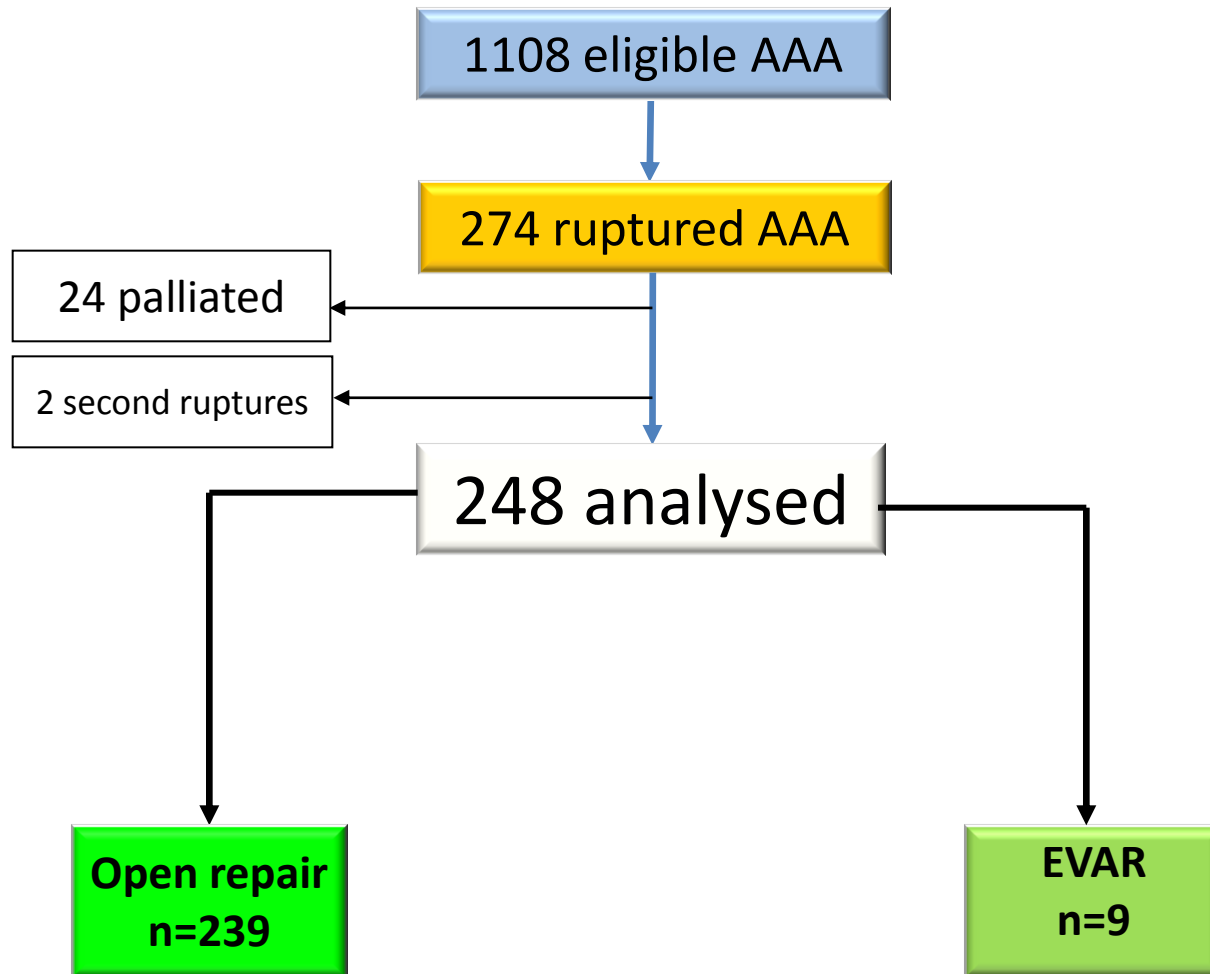
- Early damage-control surgery
 - Control of bleeding with early, aggressive, temporary techniques not meant to be the definitive therapy
- Early damage-control resuscitation
 - **TOLERATE OR INSTITUTE relative hypotension**
 - Institute hemostatic resuscitation strategies
 - **Reduce risk of dilutional coagulopathy**
 - Reduced crystalloid fluid administration (500 ml)
 - Aggressive blood component transfusion
 - 1 PRBC : 1 FFP, Platelets
 - (Consider recombinant coagulant therapy (rFVIIa, PCC))

Treatment algorithm in Berne



Patient cohort Berne (2001 – 2010)

Opfermann P. et al. EJVES 2011



Posthoc analysis of prospective cohort: 248 consecutive patients with rAAA

male	90%
age, mean $\pm$ SD (y)	74 $\pm$ 9
median diameter (mm)	80
rupture site, % (aortic/CIA/HA)	91 / 7 / 2
duration of stay, median (d)	13

OAR in rAAA (2001-2010)*

	Acute Rupture	30-d-Mortality
N	248	38 (15.3%)
>80 y		27%*
<80y		12%
Hemodynamically stable	40%	8%
Unstable / shock	60%	22%
Suprarenal clamping	13%	16%

* Opfermann P. et al. EJVES 2011

Repair of Ruptured Abdominal Aortic Aneurysmin Octogenarians

P Opfermann, R von Allmen, N Diehm, MK Widmer, J Schmidli, F Dick

N (%)

All

Mortality after OAR for rAAA:
NOT independent related to advanced age
Mainly driven by cardiac disease and manifest
hypovolemic shock

5.1

(95%-CI 1.1-23.4)

p=0.037

Endovascular suitability and outcome after open surgery for ruptured abdominal aortic aneurysm.

F Dick, N Diehm, P Opfermann, R von Allmen, H Tevæearai, J Schmidli

2 blinded investigators:

Endovascular suitability:

Independent and strongly positive predictor of survival after OAR for rAAA

Suitable aneurysms fare better

9.2
(95%-CI 2.1-39.2)
p=0.003

15 (6)

Delayed volume resuscitation during initial management of rAAA

F Dick, G Erdoes, P Opfermann, B Eberle, J Schmidli, RS von Allmen

	N (%)	30-d-Mortality	OAP (mmHg)
All	248 (100)		
Total volume			
Time			
			(95%-CI 1.06-2.33) p=0.026

Mortality in rAAA:
Volume resuscitation should be delayed until surgical control is achieved

Conclusions

- Mortality of OAR can be as low as in EVAR (15%-20%)
- Patient management is more important than 'modality' of repair
- Predictive factors of mortality
 - Cardiac disease, hypovolemic shock (not age)
- Predictors of *EVAR: 20-30% abdominal compartment syndrome*
- **OPEN REPAIR IS SAFE !**
- **OPEN REPAIR IS THE GOLD STANDARD !**
- *... to ensure*
- *... specialities*
- *... better results based on better preadmission care*
- EVAR should not be a religion